

Planning Tips for Guests

Bring an Open Heart

Many guests find strength, support, and lifelong friendships during their stay. We invite you to come as you are, connect with others, and find community through shared experience.

Get Your Referral in Advance

All guests must be referred by a Duke Cancer Institute social worker or care coordinator. Be sure to speak with your provider early to coordinate your stay and confirm availability.

Meals & Groceries

While Caring House does not provide meals daily, many volunteers donate dinners throughout the week. Grocery stores and takeout options are nearby — ask our team for recommendations when you arrive.

Pack Light, but Thoughtfully

Each room is fully furnished with linens and towels. Guests are encouraged to bring:

- Personal toiletries and medications
- Comfortable clothing and footwear
- Favorite pillow or blanket, if desired
- Books, crafts, or entertainment for downtime

Parking & Transportation

Free parking is available. Duke provides transportation from Caring House to Duke Cancer Institute for treatment.

Prepare to Share a Kitchen

Guests have access to a fully equipped communal kitchen.

Remember Our Peaceful Setting

Caring House is designed to be a calm, healing environment. We kindly ask that guests:

- Keep noise to a minimum in shared spaces
- Respect community guidelines and quiet hours
- Refrain from using scented products out of consideration for others



Have questions before your arrival? Reach out to us anytime at operations_manager@caringhouse.org or (919) 490-5449.